

**Syllabus**  
**In-Depth Tarot**  
**A Spiritual Journey to Personal Growth**

**Instructor: Sally Dubats**

In the In-Depth Tarot course, you will learn to read the Tarot through your own intuition, and learn how to read the images as stories as you go deeply into the creative realm.

At the core of the In-Depth Tarot course, you will learn a new way of looking at the cards as a whole, learning vital relationships between the cards. This course is not about memorizing individual cards; the cards are a system. Once you learn the system, which is simple, you can read any card. In-Depth Tarot teaches you about the entire forest, not just one squirrel.

This method makes reading the Tarot accessible to everyone. The Tarot was created prior to the mass dissemination of literature, and people were more accustomed to seeing stories and symbols in the cards. Today we can learn from our ancestors, while removing the superstition, and use the archetypes and symbols to access the creative part of our brain – and that's the part that "reads" any and every card like a genius.

Each week we'll study a facet of the Tarot that brings a new and deeper understanding to the cards. This course work is for beginners as well as students with a long background of study. This course is not about memorizing a single card, and those who have studied the cards for years have remarked that they finally understand the cards without the use of reference materials. The cards come to them.

We begin each week with a short grounding meditation to help you focus and become present. We'll then study a new aspect for reading and interpreting the cards which will alternately incorporate journaling, meditation, visualization, story boarding, or oracle work. You will also learn numerology, information about the Hero's Journey, and Jungian studies to incorporate into your readings. We'll even do a fun, sensual (non-sexual) exercise with roots in Tantric philosophies designed to help you tune in to your body's natural signals, often interpreted as intuition.

Each week you will have reading practice, sometimes reading for yourself, and more frequently with other students to hone new techniques and incorporate the new information.

And at the very core of this work is understanding the cards as Families, nine groups of cards based on numerology that tell a complete story of sisters, brothers, ancestors... and our Selves, in the form of our Soul Card – a card unique to us based on our date of birth.

Homework is minimal, and simply consists of pulling a card a day for yourself using the newest weekly technique, building on previous weeks, and noticing your world through the eyes of the Tarot as you go about your days.

This. Is. So. Much. FUN!

## Week 1

- History of Tarot: A brief overview including the myths and facts as we understand them today.
- Interactive and in-depth overview of the Major and Minor arcana including numerology, how the cards fit together as a whole, seeing connections within and between the cards, and understanding why the Tarot has been called the Book of Life.
- Explanation of the four Elements and their meanings
- Numerology: Find your Soul Card.
- Reading your Soul Card using Projection and I Am statements – no books, just your personal experience.
- Tarot-Scape Meditation to Meet Your Personal Soul Card Archetype in Person
- Discussion of Numerology and how it relates to Tarot Families:
- The Magician Family: The Magician, Wheel of Fortune, Sun, All Aces, All Tens

## Week 2

- You will go deeper into learning to read using projection and Jungian dream analysis. This *simplifies* how we see the cards as we work with our own interpretations.
- Tarot reading: Working with the new techniques with an actual reading for yourself and then with a partner.
- Tarot Journaling Exercise: You will be guided, step by step, through a Jungian dream analysis technique as relates to the Tarot and your personal Soul Card. The Tarot uses dream language, and this exercise takes you deep into the dream to answer your own questions. This work also demonstrates how deeply you can move into a card to discover profound revelations from your own experience.
- The High Priestess Family: High Priestess, Justice, Judgment, and the Twos.

### **Week 3**

- The study of Symbols within the cards. You will use your own Tarot Soul Card and Family as we learn the basics of symbols, mood, topography, and go deeper into the Elements.
- The Lemniscate: Symbol of Eternity – a crafting exercise
- Tarot Reading Practice with a Partner: Focusing on Symbols and Elements
- The Hanged Man: Removing the Gallows - The Story of Odin, and the true meaning of Self Sacrifice. As we move into the shadow cards which entail darker archetypes, we'll take a look at demystifying these archetypes to remove negative connotations.
- The Empress Family: Empress, Hanged Man, and the 3's in each Suit.

### **Week 4**

- Check-In: Questions, Insights, Needs, and Desires: A brief talk about your personal journey with the cards so far.
- Guided Meditation with Death Archetype: The Gift: Transformation and Change. Another of the Shadow Cards, this guided meditation will help you see the gift that the archetype brings to our lives.
- Journaling work with the Death Card
- Court Cards: Exercises to take you deeply into the Court Cards as yourself, people you know, and people you meet along the way. Journaling and open classroom discussion follows.
- The Emperor's Family: Emperor, Death, and the Fours in each Suit.

## Week 5

- Following up from Week 4, a Court Card reading exercise to help you understand the Court Cards more fully.
- Hero's Journey. We will watch a short video, along with seeing the Hero's Journey Tarot Spread of the Major Arcana and understanding this universal work of Joseph Campbell in our own lives. This allows us to be better skilled at seeing where we are on this journey, and helps us pinpoint where others are as well.
- Temperance Card Discussion: This particular card has been pinpointed as one of the least understood. Seeing it within the context of the Hero's Journey helps us understand this deep archetype.
- Reading Practice with Partner: Where are you in Tarot Hero's Journey?
- The Hierophant Family: Hierophant, Temperance, the Fives in each Suit.

## Week 6

- Guided Meditation: Getting in touch with how our bodies teach us intuition
- Tantra Exercises: Getting in touch with our senses fosters intuition
  - Allowing the eyes to receive
  - Sensual Chocolate Exercise!
- Single Card Practice: The use of visualization with the Tarot
- Numerology: Training
- Numerology - A game: working in teams to create stories through the elements of Earth, Air, Fire and Water.
- The Lovers Family: Lovers, the Devil, the Sixes in each Suit

## **Week 7**

- Techniques for Professional Reading and/or Reading for Others.
  - Setting up a reading
  - Getting to the deepest question, and how to phrase a question for the best results.
  - Monitoring the querant for body language, level of comfort, removing rank as a Reader.
  - Multiple Tarot Layouts and their Uses; “prescribing” which layout works best based on the question.
  - Multiple Tarot Layouts Partner Practice: Preparation, Designing the Question, Prescribing the Layout, Summary of Reading, Asking for Clarity.
  
- Liability: Tarot Consultant vs. Therapist or Counselor
  
- Chariot Family: The Chariot, Tower, all the Sevens in each Suit.

## **Week 8**

- Numerology: The 9-Year Cycle – Discussion of the 9-Year cycle with an analysis of your own life, going into your past to discover patterns, and possible paths toward the future.
  - Your Personal Year Card
  - The Card of Influence
  
- Reading with Partner: Year Card
  
- Strength Family: Strength, Star all the Eights in the Suits
  
- Hermit Family: Hermit, The Moon, All the Nines in the Suits

## **Week 9**

- Utilization of all of the techniques and various ways to read your cards. You will be pulling from all the previous weeks, and from Week 7 in order to work with the Celtic-Cross spread.
- In-Depth analysis of the Celtic Cross spread, how the cards relate to the others based on their position in the spread, the deeper aspects of the positions of past and future, along with discussion of bringing the unconscious to the conscious realm.
- Oracle Work: Becoming a Tarot Card
- Closing